



Core Values

Go through the list and put a check next to those that deeply resonate with you. Then pare your list down to 10 and eventually 5.

- | | | |
|------------------|---------------------|-------------------|
| Acceptance | Being folksy | Cleanliness |
| Accomplishment | Being frank | Clear-headedness |
| Accountability | Being methodical | Cleverness |
| Accuracy | Being personable | Comfort |
| Achievement | Being reasonable | Commitment |
| Adaptability | Being skilled | Common sense |
| Adventurousness | Being thoughtful | Communication |
| Agreeableness | Being understanding | Community |
| Alertness | Benevolence | Compassion |
| Altruism | Big-thinking | Competence |
| Ambition | Bliss | Complexity |
| Amiability | Boldness | Confidence |
| Amusement | Bravery | Connection |
| Amusingness | Brilliance | Conscientiousness |
| Appreciativeness | Calmness | Conservativeness |
| Art | Candor | Consideration |
| Articulateness | Capability | Consistency |
| Assertiveness | Carefulness | Constructiveness |
| Athleticism | Caring | Contemplation |
| Attentiveness | Cautiousness | Contentment |
| Authenticity | Certainty | Contribution |
| Awe | Challenge | Control |
| Balance | Charisma | Conviction |
| Beauty | Charity | Cooperation |
| Being admirable | Charm | Courage |
| Being dynamic | Cheerfulness | Courteousness |
| Being earnest | Citizenship | Craftiness |
| Being famous | Clarity | Creativity |



Credibility
Curiosity
Daringness
Decency
Decisiveness
Dedication
Deep thought
Democracy
Dependability
Determination
Devotion
Dignity
Diligence
Discipline
Discovery
Diversity
Drive
Dualism
Dutifulness
Easygoingness
Education
Effectiveness
Efficiency
Elegance
Eloquence
Emotional awareness
Emotional control
Empathy
Empowerment
Endurance
Energy
Enjoyment
Enthusiasm

Equality
Ethics
Excellence
Excitement
Expedience
Experimenting
Exploration
Expressiveness
Extraordinary
experiences
Fairness
Faith
Faithfulness
Family
Farsightedness
Fashion
Feelings
Fidelity
Flair
Flexibility
Focus
Foresight
Forgiving
Forthrightness
Fortitude
Freedom
Freethinking
Friendliness
Friendship
Fun
Fun-loving attitude
Generosity
Gentleness

Genuineness
Giving
Glamorousness
Good-nature
Goodness
Grace
Graciousness
Gratitude
Greatness
Growth
Happiness
Hard work
Harmony
Health
Helpfulness
Heroicness
Honesty
Honor
Hope
Humbleness
Humility
Humor
Idealism
Imagination
Incisiveness
Independence
Individualism
Individuality
Influence
Innovation
Insightfulness
Inspiration
Integrity



Intelligence
Intensity
Intuitiveness
Inventiveness
Joy
Justice
Kindness
Knowledge
Lawfulness
Leadership
Learning
Liberty
Life direction
Life experience
Likability
Logic
Love
Loyalty
Mastery
Maturity
Mellowness
Moderation
Modesty
Motivation
Neatness
Neutrality
Newness
Niceness
Objectivity
Open-mindedness
Openness
Optimism
Order

Organization
Originality
Passion
Patience
Patriotism
Peace
Peacefulness
Performance
Perseverance
Persistence
Playfulness
Pleasure
Poise
Positive attitude
Positivity
Potential
Power
Practicality
Preciseness
Principles
Productivity
Professionalism
Prosperity
Protection
Punctuality
Purpose
Quality
Rationality
Realism
Recognition
Recreation
Reflection
Relaxation

Reliability
Resourcefulness
Respect
Respect for others
Responsibility
Restraint
Results-oriented
Rigor
Risk
Romance
Satisfaction
Security
Self-awareness
Self-improvement
Self-reliance
Self-respect
Self-sufficiency
Selflessness
Sensitivity
Serenity
Service
Simplicity
Smarts
Sociability
Social connection
Sophistication
Speed
Spirituality
Spontaneity
Stability
Status
Steadiness
Strength



Structure
Studiousness
Success
Sweetness
Sympathy
Teamwork
Tenderness
Thoroughness
Tidiness
Timeliness
Tolerance
Tradition
Tranquility
Transformation
Trust
Truth
Unity
Variety
Vivaciousness
Warmth
Wealth
Well-roundedness
Wisdom
Wit

My Core Values

- 1.
- 2.
- 3.
- 4.
- 5.